

Unaudited Financial Statements for the Year Ended 31 May 2023

for

Ercos Health & Well Being Ltd

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for the Year Ended 31 May 2023

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**DIRECTOR:**

C A Jat

**REGISTERED OFFICE:**

14a Commercial Road  
London  
N18 1TP

**REGISTERED NUMBER:**

11990134 (England and Wales)

**ACCOUNTANTS:**

Venture Accountancy & Tax Ltd  
52 Bluebridge Road  
Brookmans Park  
Hatfield  
Hertfordshire  
AL9 7SA

Balance Sheet

31 May 2023

	Notes	31.5.23 £	£	31.5.22 £	£
<b>FIXED ASSETS</b>					
Tangible assets	4		63,363		71,776
<b>CURRENT ASSETS</b>					
Stocks		63,822		103,134	
Debtors	5	24,549		25,535	
Cash at bank and in hand		<u>26,254</u>		<u>-</u>	
		114,625		128,669	
<b>CREDITORS</b>					
Amounts falling due within one year	6	<u>183,674</u>		<u>668,250</u>	
<b>NET CURRENT LIABILITIES</b>			<u>(69,049)</u>		<u>(539,581)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>(5,686)</u>		<u>(467,805)</u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital			105		95
Share premium			1,071,962		496,467
Retained earnings			<u>(1,077,753)</u>		<u>(964,367)</u>
			<u>(5,686)</u>		<u>(467,805)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2023 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 22 March 2024 and were signed by:

C A Jat - Director

Notes to the Financial Statements  
for the Year Ended 31 May 2023

1. **STATUTORY INFORMATION**

Eresos Health & Well Being Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Turnover**

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Taxation**

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was NIL (2022 - 4 ).

Notes to the Financial Statements - continued  
for the Year Ended 31 May 2023

4. **TANGIBLE FIXED ASSETS**

	Plant and machinery etc
	£
<b>COST</b>	
At 1 June 2022	89,363
Additions	332
At 31 May 2023	<u>89,695</u>
<b>DEPRECIATION</b>	
At 1 June 2022	17,587
Charge for year	8,745
At 31 May 2023	<u>26,332</u>
<b>NET BOOK VALUE</b>	
At 31 May 2023	<u>63,363</u>
At 31 May 2022	<u>71,776</u>

5. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.5.23	31.5.22
	£	£
Trade debtors	224	511
Other debtors	<u>24,325</u>	<u>25,024</u>
	<u>24,549</u>	<u>25,535</u>

6. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.5.23	31.5.22
	£	£
Bank loans and overdrafts	-	3
Trade creditors	67,393	191,874
Taxation and social security	44,988	36,475
Other creditors	<u>71,293</u>	<u>439,898</u>
	<u>183,674</u>	<u>668,250</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.